

Yai da dai Birkat HaMazon

Yai da dai...

You are the source of everything,
It is because of you we sing.
You nourish the world with goodness and sustain it with grace,
We find you in the dust and in the vastness of space,
We taste you in the food we eat and see you in our friends,
You strengthen our rejoicing with a love that never ends.

Baruch ata Adonai eloheynu Ruach Ha-Olam

Yai da dai...
Hazan et hakol.

You are the source of everything,
It is because of you we sing,
We thank you for the rain that falls upon the fertile ground,
And for all the plants and animals that in your world abound,
We fill our cups to overflow from the River of your Love,
We dig our roots into your soil and grow our leaves above.

Baruch ata Adonai eloheynu Ruach Ha-Olam

Yai da dai...
Al ha'aretz v'al hamazon.

You are the source of everything,
It is because of you we sing,
You fill our eyes with visions of a Heaven here on earth,
Inspiring us to meet the challenge of our own re-birth,
We won't sit around and wait for Meschiach-time to start,
Your compassion builds Jerusalem right here within our hearts.

Baruch ata Adonai eloheynu Ruach Ha-Olam

Yai da dai...
Boneh v'rachamav Yerushalayim.

You are the source of everything,
It is because of you we sing,
And even when it seems we've reached the end of our rope,
Your presence in our hearts reminds us not to lose all hope,
The knowledge of your goodness brings a light into our home,
Your presence gives us faith to wander into the unknown.

Baruch ata Adonai eloheynu Ruach Ha-Olam
Yai da dai...
Hatov v'hameytiv lakol.
Harachaman, Harachaman....

Bless this place and all who have shared our meal,
May the food we eat strengthen the love we feel,
Bless the One who blesses us with peace,
May our will do your work increase,
Bless the child who searches for You in vain,
May the suffering ones find respite from their pain,
Bless our friends who have so much to bear,
May the homeless folk find shelter in your care.

Yai da dai....