

# Your Support

וְאֲנִי בְּתַמִּי תַמְכֶּנּוּ בְּי

*Va'ani b'tumi tamachta bi*

Whenever I am in my integrity, I feel Your support.

(Psalm 41:13)

No matter what difficulties or challenges I face, my commitment is to learn from everything, and to use all of it as a catalyst for awakening. And if I stay in my integrity, I know that I will be supported. Being in my integrity means always aligning and re-aligning myself with my highest soul-purpose. When I am living in authentic, whole-hearted alignment with my soul-purpose, I can lean into the Divine embrace that is forever holding me steady. In that embrace, I relax and enjoy the wild ride of being human.