

Higher Consciousness

פִּי יִדְבַר חֲכָמוֹת וְהַגֵּוֹת לִבִּי תְבוּנוֹת

Pi y'dabayr chochmot v'hagut libi t'vunot

My mouth speaks wisdoms,

And the meditation of my heart is full of insight. (Psalm 49:4)

This is an affirmation that as we step into higher consciousness, various aspects of wisdom overflow through us in speech, in song, in heartfelt expression. And our inner life becomes dynamic, with insights arising that help us to apply those wisdoms in our moment to moment everyday life.