

Rising Up Now

מִנְשׂוֹד עֲנִיִּים מֵאֲנָקַת אֲבִיּוֹנִים עֲתָה אָקוּם יֹאמֵר יְהוָה

Mishod aniyim mayenkat evyonim atah akum yomar Yah

“Because of the groans of the plundered poor and needy,
I am rising up now,” says God. (Psalm 12:6)

When we witness injustice or empathize with those who are suffering, we are awakened to the truth of our interconnectedness. As we hear the cry of those who are suffering or oppressed, the Divine spark within us rises up. As we identify with those who are vulnerable, our determination to be a loving and healing presence, rises up to meet the challenges of this world.