

## In Awe and Trust

יִרְאַי יְהוָה בְּטֶחֱוֹ בִיהוָה עֲזָרָם וּמִגִּנָּם הוּא

*Yiray HAVAYAH bítchu vaHAVAYAH*

*Ezram u'magínam hu*

Oh you who stand in awe of The Mystery, trust in that Mystery!

It is your help and protection. (Psalm 115:11)

What a blessing it is to be given a glimpse of the Great Divine Mystery! We can plant that awesome glimpse inside our hearts like a seed, and it will grow within us and blossom as our strength and beauty. When we nurture that seed, it will grow into our wide perspective, protecting us from attitudes of constriction or cynicism.