## <u>New Moon</u> הִקְעָוּ בַחָׂדֶשׁ שׁוֹפֶר בַּבָּסֶה לְיָוֹם חַגָּנוּ: כִּי חָק לְיִשְׂרָאֵל הֵוּא מִשְׁפָּט לֵאלֹהֵי יַעֲקְב:

*Tiku vachodesh shofar Ba'keseh l'yom chagaynu Ki chok l'Yisrael hu mishpat L'Elohai Ya'akov* Sound a shofar at the New Moon.... at the moment of concealment/potential for our Celebration Day. It is a statute for Israel; it is a rule for Jacob. (Psalm 81:4-5)

We live our lives in the holy cycles of exile and return, forgetting and remembering, going out from ourselves and returning again to center. We cycle between being Jacob, the ego struggling to manipulate the world, to being Israel, the one who encounters God directly. Through our calendar and festivals we attune to the cycles of the moon whose waxing and waning reflects our own spiritual cycles. As awareness of those cycles deepens, the circles of our lives become spirals, connecting the mysteries of the universe with our own Center.