

Oh You!

אַתָּה נֹרָא אַתָּה וּמִי־יֵעָמֵד לְפָנֶיךָ

Atah nora atah u'mi-ya'amod l'fanecha

Oh You! You are awesome! Who can stand before You? (Psalm 76:8)

Oh You! You are awesome! Yes, I will stand before You.

To address the Great Mystery directly and say, “Oh You!”, activates our love and courage in the face of such awesome magnificence. The Psalm suggests that we might be afraid to face this awesome mystery. Yet our practice is one of hearing the question, “Who can stand before You?” and responding with our willingness to be fully present to the astounding and humbling Presence that addresses us in the form of this life.