

Serve with Joy

עֲבֹדוּ אֶת־יְהוָה בְּשִׂמְחָה כִּי אֵלֹהֵינוּ בְּרִנָּה

l'vdu et HaShem b'simcha, bo'u l'fanav bir'nanah

Serve the One with Joy;

Come into the Presence with joyous song. (Psalm 100:2)

Joy is the natural state of my soul. It is the grateful response to whatever opportunity life is giving me right now. The inner joy that doesn't depend on circumstances, is my greatest gift to the world and to the Wholeness of Life. That joy can carry me through painful times and lift me up into the widest Divine perspective. It connects me to my soulful purpose. And it is my joyous song that can bring me into God's loving Presence, where blessing is always flowing to me and through me.>