

You Are Compassion

רַחֻם וְחַנּוּן יְהוָה אֶרֶךְ אַפַּיִם וְרַב־חַסֵּד

Rachum v'Chanun HAVAYAH, Erech apayim v'rav-chesed.

You are compassion and endless grace,
You're never angry, Love shines from Your Face. (Psalm 103:8)

In the book of Exodus, Moses asks to see Gods' face, and in response God reveals the nature of Divinity with these same words. God is saying, "Know me through these qualities. Seek these qualities in the world and cultivate them within yourself." So, in chanting these words, we are affirming those Divine attributes, being inspired by them, being reassured by them, and opening to receive the great gift of Divine compassion, grace and abundant love.