

Choosing Happiness

אַשְׁרֵיךָ וְטוֹב לְךָ

Ashrecha v'tov lach

You shall be happy and all will go well for you. (Psalm 128:2)

When we walk in the ways of holiness and have reverence for the wholeness of Life, we will be blessed with the possibility of receiving the fruits of our labor and the manifestation of our dreams. Yet all the goodness of Life can only come to us when we choose to enjoy those gifts in humility and gratefulness.